

Plum Creek Swim Team

2025 Summer Season Information

Season Dates: Tuesday, May 27th - Thursday, June 26th

Call-Out Meeting: Sunday, April 27th at 4PM

Practice Days: Monday – Friday

Practice Times: Tuesday, May 27th thru Wednesday June 25th

Group 1	9-10 Age Group	8-8:45am
	7-8 Age Group	8:45-9:30 am
Group 2	6 & Unders	9:30-10:00 am
Group 3	11-14 Age Group	10 – 11am

*Swimmers with advanced skill in the 7-10 Age Group may have the option to practice with Group 3. Final decisions for any 7-10 year old swimmer to move into Group 3 will be made by the Head Coach.

*Swim practices will be conducted on days we have swim meets.

2025 Plum Creek Coaching Staff:

Head Coach: Mimi Durgin

Assistant Coach: Juliana Weinrich Graham Kulp, Matthew Heidrich

Plum Creek Swim Team Cost:

\$200 per child for Non-Members

\$120 per child for Plum Creek Pool Members

Meet Dates:

1. Tuesday June 3	Hawthorns @ Plum Creek	HOME
2. Thursday, June 5	Plum Creek @Summer Break	
3. Tuesday, June 10	Windermere @ Plum Creek	HOME
4. Thursday, June 12	Plum Creek @ Gray Eagle	
5. Tuesday, June 17	River Glen @ Plum Creek	HOME
6. Thursday, June 19	BYE Meet	
7.. Tuesday, June 24	Plum Creek@ Avalon	

All meets will start at 5 PM

Thursday, June 26

Suburban League Championships
Hamilton Southeastern High School

9 AM – 4 PM

(This is the most important meet of the season. Please mark your calendars to attend this meet!)

The Plum Creek Swim Team's success is credited to our past and present Team Mom's and amazing volunteer parent group. All families need to help out with our home and away meets in order to avoid the same parents working every meet. The requirement is listed below:

Directions to Away Meets:

Swim Meet Warm-Up Times:

*Home meet times: Two sessions:

Ages 11-14	3:45 – 4:05pm
Ages 6-10	4:10-4:30pm

*All warm-up times are subject to change.

Swim Meet Age Groups:

7-8 (25M Events)

9-10 (25M Events)

11-12 (50M Events & 100 IM)

13-14 (50M Events & 100 IM)

*All events will be limited to Five (5) Heats with the exception of the 11-12 & 13-14 100 IM which will be limited to one (1) heat.

*The 6 & Under events are unlimited heats.

*Age group participation is based on each child's age as of June 1st, 2024.

Swim-Up Rules:

Individuals can swim up an age group in a single event. Swimmers may not swim individual events in two age groups for the same stroke. Swimmers may swim up two age groups only if there are no willing or eligible swimmers in the first age group.

Example: Your team has no 11-12 or 13-14 boys. You may swim up to either age group with a 9-10. However, if you have 11-12 Boys, they must swim up before a 9-10. If you have no willing 11-12 Boys, then you may swim a 9-10 up to a 13-14.

Relay Swim-Up Rules:

If a team lacks four (4) swimmers in a particular age group the team may use younger age groups to fill the relay team. Relay teams may swim in more than one relay.

Team Suits:

We encourage all Plum Creek Swim Team members to wear the black team suit to all home and away meets to represent your team with pride. Coaches can also easily identify Plum Creek swimmers wearing the appropriate team suit.

*Returning swim team members may use team suits from last season if you wish.

*Any returning Plum Creek swimmer that has outgrown their team suit may pass it down to other swimmers if they wish.

Elsmore will be our official Plum Creek provider.

Orders can be placed at their store (they are located at 96 street). A link will be sent later in May.

Caps:

Plum Creek caps will be available for all swimmers that wish to use them. These caps should be used only at practices and meets. The coaches will hand out one cap per swimmer. Additional caps will cost \$5.00 each.

Plum Creek Time Trial:

The coaches will be conducting time trials on **FRIDAY, May 30st** during practice to have an idea of swimmers times and abilities for our first meet. This time trial will also be an opportunity for coaches to give positive feedback to swimmers regarding stroke mechanics, technique, starts, turns and finishes.

Plum Creek Team Awards Banquet:

The Plum Creek Swim Team banquet is tentatively set for **Friday, June 27th from 6:00 – 8:00pm**. The banquet will be held at the Plum Creek pool.

Additional information regarding the banquet will be handed out at a later date.